Week One: Relationships & Movements

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Jan. 16	Jan. 17	Jan. 18	Jan. 19	Jan. 20	Jan. 21	Jan. 22
Build a blanket	Deliver	List issues your	Download and	Learn about UU	Read "Snail	Go to
fort with your	homemade	family can help	print "love notes	involvement in	Girl," a Navajo	www.ocetisako
family using	goodies to a	with in your	to organizers:"	past resistance	folk tale:	wincamp.org
items that	local grassroots	community.	http://bit.ly/2iLQ	movements for	http://bit.ly/2jDvy	Learn the 7
represent	organization's	Look up local	n6r Decorate the	racial,	L8 Talk about	Lakota Values
people, places,	offices. Arrange	groups that	notes as	economic, and	the importance	that guide the
things, and	to interview a	work on these	postcards and	gender justice.	of everyone's	community of
ideas that	staff person to	issues and find	send them to	Look up Hosea	contribution	water protectors
"fortify" you/give	find out what	ways to partner	staff and	Ballou, Lydia	when working	at Standing
you strength to	they do in their	with them.	volunteers of	Maria Child,	together. No, we	Rock. How are
do what is right.	job, and why.	Consider	organizations	Rev. Joseph	cannot do it	the Lakota
		making a	that your	Jordan,	alone, but what	Values like our
		donation to	congregation	Margaret	is that important	UU 7 Principles?
		support their	has built	Moseley,	bit one CAN do?	How are they
		work.	alliances with.	Theodore		different?
				Parker, Julia		
				Ward Howe and		
				Hester C.		
				Whitehurst		
				Jeffery.		
Jan. 23	Jan. 24	Jan. 25	Jan. 26	Jan. 27	Jan. 28	Jan. 29
Jan. 30	Jan. 31	Feb. 1	Feb. 2	Feb. 3	Feb. 4	Feb. 5
Feb. 6	Feb. 7	Feb. 8	Feb. 9	Feb. 10	Feb. 11	Feb. 12

Week Two: Covenants and Movements

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Jan. 16	Jan. 17	Jan. 18	Jan. 19	Jan. 20	Jan. 21	Jan. 22
Jan. 23	Jan. 24	Jan. 25	Jan. 26	Jan. 27	Jan. 28	Jan. 29
Write a family	Share your	Read:	Imagine and	See how many	Make a poster	Learn about
covenant on	stories about a	http://www.uua.	draw a world	things you can	with the word	treaties. How
poster board.	times when	org/re/tapestry/c	where everyone	think of to say	"COVENANT"	does a treaty
Put guidelines	someone you	hildren/welcome	on the planet	when you are	spelled vertically	differ from a
for how you	loved broke the	/session2/11815	follows the	asking	and then come	covenant? What
agree to behave	trust you	7.shtml, then	same promises	forgiveness of a	up with words	happens when a
toward one	shared. Do a	find an adult	about how we	friend. Make a	for each letter	covenant
another. Include	skit to act out (1)	couple who has	will treat one	list and see who	that describe	promise is
everyone's	How you felt? (2)	been together a	another. What	in your family	what a covenant	broken? What
ideas. What	How you	long time and	would these	can come up	is and why is it	should happen if
does this	worked to make	ask them about	promises	with the most	important?	someone breaks
covenant say	things right.	the sort of	include? How	phrases.		a treaty?
about your		agreements or	would the world			
family's values?		promises that	be different?			
		they make with	What would			
		one another	make so many			
		about how they	people agree on			
		would like to be	ways to treat			
		treated.	one another?			
Jan. 30	Jan. 31	Feb. 1	Feb. 2	Feb. 3	Feb. 4	Feb. 5
Feb. 6	Feb. 7	Feb. 8	Feb. 9	Feb. 10	Feb. 11	Feb. 12

Week 3: Transformation and Movements

Week 3. Hansion and Movements						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Jan. 16	Jan. 17	Jan. 18	Jan. 19	Jan. 20	Jan. 21	Jan. 22
Jan. 23	Jan. 24	Jan. 25	Jan. 26	Jan. 27	Jan. 28	Jan. 29
Jan. 30 Knock on a neighbor's door as a family and offer to help them with one chore that needs doing. Ask if the neighbor is willing to pledge to repay by paying it forward and offering to help another neighbor.	Jan. 31 Hand-deliver invitations to several neighbors for a meeting at your house or a local cafe to plan a collective community service project together. Make sure every idea is heard. Set a date, and do it!	Feb. 1 Read Robin Tanner's "A Blessing For Risk-Takers and Failures" as a family before heading off to school and work. http://www.uua. org/worship/wor ds/blessing/bles sing-risk-takers- and-failures	Feb. 2 Watch "You Throw Like a Girl." What obstacles did Mo'ne Davis have to overcome? Who does she give credit to? https://www.sho rtoftheweek.com /2014/11/26/mo ne-davis-throw- like-a-girl	Feb. 3 Watch "Sometimes You're a Caterpillar." Talk about ways to be a good friend to those who are different and how they can be good friends to you. https://www.you tube.com/watch ?v=hRiWgx4sH Gg	Feb. 4 On a square piece of paper list the people, things, and ideas you brought into your blanket fort. How do these things and people make you feel? Safe? Connected? Protected? Strong? Fold the paper into a heart and pin it to the backpack you carry every day. https://www.youtube.com/watch?v=uNSNNBdfo	Feb. 5 Ask a member of your congregation involved in social justice about a past project that didn't go so well. What was disappointing? What did they learn from that experience?
Feb. 6	Feb. 7	Feb. 8	Feb. 9	Feb. 10	Feb. 11	Feb. 12

Week 4: Commitment and Sustenance

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Jan. 16	Jan. 17	Jan. 18	Jan. 19	Jan. 20	Jan. 21	Jan. 22
Jan. 23	Jan. 24	Jan. 25	Jan. 26	Jan. 27	Jan. 28	Jan. 29
Jan. 30	Jan. 31	Feb. 1	Feb. 2	Feb. 3	Feb. 4	Feb. 5
Feb. 6 Check your local library for any of these books: http://www.scarymommy.com/1 2-childrens-books-for-progressive-parents/	Feb. 7 Arrange to visit a local nursing home as a volunteer. Perhaps you can read a book from yesterday's list to an elder resident. Ask them about a time in their life when they have remained hopeful even when it was hard to do so.	Feb. 8 Write a song or a poem about things, people, and ideas that help you feel hopeful.	Feb. 9 Attend a dance performance or concert of a local group that comes from a different cultural background than your family.	Feb. 10 Place a small "home chalice" on the dinner table before you share a meal as a family. Before eating, invite each person to say one thing that happened today which was challenging and one thing that was a success.	Feb. 11 Have a dance party in your living room while listening to some of your favorite justice-themed tunes.	Feb. 12 Build another "fortifying" blanket fort together. This time, bring in projects from the month and talk about what was learned. How do we take everyone and everything in ou fort with us in our hearts and minds when working for justice?